

Professional Disclosure Statement

Lauren Sawyer, BA Psychology
MA Clinical Mental Health Counseling (Expected 2023)

The Center for Counseling and Wellness, Inc.
110 Ye Olde Kings Highway, North Myrtle Beach, SC 29588
Phone: 843-663-0772; Fax: 843-663-0772

Formal Professional Education:

BA in Psychology from University of Phoenix
MA in Clinical Mental Health Counseling from The Chicago School of Professional Psychology
expected December 2023

Lauren Sawyer is qualified to provide professional counseling services under the supervision of Roberta J. Bogle, MS, LPC-S, LAC, CCMHC, ICCS. She works with individuals, couples, and families to help them cope with mood disorders, relationship conflict, life transitions, behavioral issues, parenting issues, and other mental and emotional problems. She sees clients of all ages at the Surfside and Conway offices and virtually via Tele Mental Health Services.

Fee Schedule: Sliding Fee Scale, (\$15-\$140)

Cancellation Policy: Please note that a \$15.00 fee will be charged for each occurrence if appointments are not canceled with at least 24-hour notice.

Counseling limitations and risks: My counseling services are limited to the scheduled sessions we have together. There are some risks to counseling. You may experience uncomfortable levels of sadness, anger, frustration, etc. as you explore your personal history. Counseling can help people gain new understanding and coping strategies to deal with these feelings. With new skills, people often gain insight into their past, have a reduction in stress, and experience improved relationships. To better serve you, our counseling relationship will remain purely professional rather than developing a friendship. In the event, you feel your mental health requires emergency attention or if you have an emotional crisis, you should report to the nearest emergency room of a local hospital and request mental health services or call 911. For questions pertaining to office-related matters, please call 843-663-0770.

Limits of Confidentiality/Duty to Warn: I adhere firmly to the principle of confidentiality.

Both verbal information and written records cannot be shared with another party without the written consent of the client or the client's legal guardian. There are several limits of confidentiality you should be aware of: 1. When you direct me to tell someone else, 2. I determine you are a danger to yourself or others, 3. I am ordered by a court to disclose information, 4. When there are suggested or reported abuses of a child, elderly person, or vulnerable adult. 5. Parents or legal guardians of non- emancipated minor clients have the right to access the client's records. 6. Insurance companies and other third-party payers are given information that they request regarding services to clients. Typical information requested (but not limited to these) are types of service, dates/times of service, diagnosis, treatment plan, description of impairment, the progress of therapy, case notes, and summaries.

This document is mandated by South Carolina state law and Public Law 104-191 for your protection. Rights and procedures to file a complaint: If you feel you have been treated in an unethical manner by Liberty Case while a client at The Center for Counseling & Wellness, Inc., it is your right to file a complaint with the Board of Examiners for Counselors and Therapists. You may file a complaint by sending a letter directly to the Board of Examiners by calling them and requesting the appropriate forms and guidance. The following contact information that you may need: SC Department of Labor, Licensing, and Regulations, Board of Examiners for Licensure of Professional Counselors and Marital and Family Therapists, 3600 Forest Dr., Suite 101, P.O. Box 11329, Columbia, SC 29211-1139; Telephone 803-896-4658; Fax 803-734-4284. Your signature indicates that you have read, understood, and a copy of this document is available to you at your request.

Signature: _____
Date: _____

This information is required by the state of South Carolina Department of Labor, Licensing, and Regulation Board of Examiners for Counselors, Therapists, and Psycho-Educational Specialists which regulates all licensed and registered counselors and social workers.

Video Consent: At times, I may request your permission to video record our counseling sessions. This may be done for consultation purposes and/or as a useful intervention tool for the counseling process. Sessions will only be recorded with your full consent and knowledge. A separate video consent form will be signed by the client if approval is given to record session/s.