

the Seven Principles *for* Making Marriage Work

Classes are scheduled from

8:00 am to 4:00 pm

with one hour for lunch on your own

February 16th & 23rd, 2019

Early bird registration ends Feb 9

Cost - includes materials

Early Bird special is \$150 per couple

Late Registration is \$175 per couple

Professional discount for counselors

attending with partners

CEU's Available

To register call:

The Center for Counseling and Wellness

843-663-0770

The Seven Principles for Making Marriage Work is the acclaimed culmination of four decades of the research of Dr. John Gottman, made widely available for couples like you who long for better relationships.

Join us for a two-day training that will reawaken your passion for each other and equip you to take on any conflict.

This workshop provides
PROVEN TOOLS to help couples:

- Gain skills to address perpetual and solvable problems
- Improve friendship, fondness and admiration
- Maintain gains throughout a lifetime
- Enhance romance and intimacy
- Manage conflict constructively
- Create shared meaning

Offered By

Mandy Mitchell, LISW-CP

Gottman Certified Educator





YOU WILL LEARN TO

- Understand and work with both solvable and perpetual problems
- Recognize and respond to bids for emotional connection
- Deepen your knowledge of one another
- Get through gridlocked conflict
- Create a special "Story of Us"
- Maintain your relationship
- Build friendship and trust
- Be open to Influence

WHO SHOULD ATTEND

- Pre-engaged
- Premarital
- Everyone from newlyweds to seniors
- Those who wish to enhance a good marriage
- Those needing better conflict management tools



WORKSHOP LOCATION

Christ United Church
2901 Fantasy Way
Myrtle Beach, SC 29579

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